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Your Body And Trust Yourself By John J. Prendergast
PhD**

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John j. prendergast (author of sacred mirror)

I am a native of the San Francisco Bay Area and received my undergraduate degree from UC Santa Cruz and my M.A. and Ph.D. from John J. Prendergast s

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Apr 13, 2015 John J. Prendergast, Ph.D., the author of In Touch: How to Tune in to the Inner Guidance of Your Body and Trust Yourself, is a recently retired professor

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