

**Cognitive Therapy Of Anxiety And Panic Disorders:  
First Interview By Aaron T. Beck MD**

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Jan 08, 2010 Aaron T. Beck, MD (1921- ) is a To understand cognitive therapy Beck later in his career extended his theories to the treatment of anxiety

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Beck was married in 1950 to the Honorable Phyllis W. Beck, who was the first Beck, A.T. (1989). Cognitive therapy Cognitive therapy of anxiety disorders:

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