

**A Self Help Booklet On Osteoporosis By JANICE B.
CHAREK WITH THE SOUTHERN MAINE
OSTEROPOROSIS SUPPORT GROUP**

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Reviewing Vocational Programs for Handicapped Students. Self-Help Booklet 3. Warden, John W.; Lehrman, Raymond H.

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A randomized controlled trial of cognitive

1. Arch Gen Psychiatry. 2003 Oct;60(10):1024-32. A randomized controlled trial of cognitive therapy, a self-help booklet, and repeated assessments as early

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